



FOR IMMEDIATE RELEASE  
September 17, 2018  
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### **Yolo Food Bank Distribution Programs Have a New Coordinator**

A new Program Coordinator is overseeing direct food distribution programs for Yolo Food Bank.

Julian Zook will plan and execute “Eat Well Yolo,” a weekly fresh produce and perishables distribution at 10 Yolo County locations, as well as “Kids Farmers Market,” an after-school program providing fruits and vegetables to children at eight low-income Yolo County school sites in an interactive and educational setting.

A recent UC Davis Clinical Nutrition graduate, Zook replaces Yasmin Frausto in the Program Coordinator role. Frausto now is the Volunteer and Food Drive Coordinator for the organization. As part of his studies, Zook designed, authored and implemented nutrition curricula for children and adolescents, as well as nutrition plans for UC Davis Medical Center patients.

“Nutrition has had a profound impact upon my own life,” Zook explained. “I aspire to be part of raising a new generation that looks at preventative health nutrition as the norm. These programs provide me with t an opportunity to do exactly that.”

Michael Bisch, executive director of Yolo Food Bank, says that it’s an important goal for the organization to expand the community’s understanding of good nutrition.

“Filling people with calories from canned and dry goods keeps them from being hungry, but the access to fresh produce, dairy, meats and breads that Yolo Food Bank offers, contributes to improved physical and mental health outcomes, increased academic achievement, greater employability and positive impacts upon homelessness and social mobility in general,” Bisch explained. “When the people we serve, particularly children, learn about and enjoy healthy eating, we’re making progress toward our mission to end hunger and malnutrition in Yolo County.”

Together with nearly 70 partner organizations, Yolo Food Bank serves the food insecurity needs of more than 52,000 individuals in 19,000 Yolo County households every month. To learn more, visit [www.yolofoodbank.org](http://www.yolofoodbank.org).

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